

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

February 2024

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Hello friends, and welcome to February—including our bonus day courtesy of leap year. I'm on a mission to make each of the 29 days count, and my digital calendar is throwing up delightful reasons to celebrate. Did you know that on the 4th, we can rejoice in both the International Day of Human Fraternity and Yorkshire Pudding Day? (Double the joy, who can resist?)

Mark your calendars for Saturday, February 10th—it's the Lunar New Year, and 2024 welcomes the Year of the Dragon. And on the 11th, let's cheer for International Day of Women and Girls in Science. (Yay!)

Feeling generous? Book Giving Day is on the 14th, but let's be honest, every day is a good day to gift a book.

Let's savor all the days of February this year—usually a quiet month for events, and turn to pp24/25 for some community-inspired ideas.

Here's to a month filled with unexpected joys.

Best wishes, Liz



Liz Barker, Editor

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EVERY DOG'S STORY

I have a bed, my very own.
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And sometimes I like to
sleep alone with dreams
inside my eyes.

But sometimes dreams are
dark and wild and creepy
and I wake and am afraid,
though I don't know why.

But I'm no longer sleepy
and too slowly the hours go by.

So I climb on the bed where the light of the
moon is shining on your face
and I know it will be morning soon.

Everybody needs a safe place.

~ Mary Oliver



If you know someone who is inconsolable over the loss of their dog, or someone who just plain loves their dog, this is the present to buy them - even if they are the least poetic, dour Scotsman or unromantic Yorkshireman.

I'm a Philistine - I'd never heard of Mary Oliver until I read a review of this book. I rarely read poetry. However, I do have a dog, my first ever, and I'm amazed at how he has opened my eyes to nature, to happiness, and to the friendliness of other people and dogs (not to mention sheep, cows, horses, alpacas and geese). I wish I knew what he was scenting when he's out on the moors and why he insists on lying in the coldest, frostiest patch of grass when the wind is blowing me over. The poems in this book go a little way to explaining what goes on in a dog's mind, and a good way into explaining why dogs mean so much to dog lovers. ~ Reviewed by *Scorpio Rising*

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Cauliflower Mac-n-Cheese

A delightful detour from New Year resolutions! Embrace the comfort of gooey cheese and tender cauliflower, because, let's face it, sometimes the best resolutions involve a fork and the joy of a shared meal.

Ingredients

- 30g, plus extra for the dish butter
- 50g plain flour
- 700ml milk
- 1 clove, halved garlic
- 1 tsp Dijon mustard
- 150g, grated mature cheddar
- 100g, grated gruyère
- ground white pepper
- 1, cut into 8 wedges cauliflower
- 125g macaroni
- 25g, grated grana padano or parmesan

Method

Melt the butter in a pan then stir in the flour. Cook, stirring, for 3 minutes then

gradually whisk in the milk to give a smooth sauce. Add the garlic, simmer for 4 minutes, then fish out. Add the mustard, cheddar and gruyère, and stir until melted. Season with salt and white pepper.

Heat the oven to 220C/fan 200C/gas 7. Cook the cauliflower wedges in a large pan of boiling salted water until just tender. Scoop out with a slotted spoon and drain really well.

Cook the macaroni in the same water following pack instructions. Drain, then rinse under cold water and drain again really well. Carefully mix the macaroni and cauliflower with the sauce and tip into a buttered 20cm x 30cm ovenproof dish.

Scatter over the grana padano or parmesan and bake for 20-25 minutes or until golden and bubbling. Leave to sit for 5 minutes before serving.

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Valentine's Day: A Love-Fest for Everyone!



Valentine's Day – a day often associated with couples stuck in candlelit corners. But hey, let's shake things up a bit, shall we? This year, let's embrace the love-fest with a good dose of Yorkshire humor. For those who find themselves romantically entangled, a local restaurant might be the go-to. Sure, it's a bit cliché, but who can resist the charm of overpriced heart-shaped

desserts? If you're feeling rebellious, order a pizza with your significant other – just be ready for judgmental glances from the waitstaff.

Now, if you're more of a homebody, consider donning the chef's hat for a night in. It's the perfect excuse to impress your partner with your culinary skills, or lack thereof. Burnt toast, anyone? It's the thought that counts.

And for the singletons out there, fear not! Self-love is the true winner on Valentine's Day. Treat yourself to a cozy night in with Netflix, a tub of ice cream, and absolutely no judgment.

So, whether you're coupled up, flying solo, or navigating the confusing world of "it's complicated," let's raise a toast to love in all its quirky, unpredictable forms. After all, who said Valentine's Day can't be a laugh? Cheers!

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	5					
9			7	2		5
6	5				4	7
3	2				6	5
4		3	8			2
					7	
9		6	2	4		

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			4		8	9
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As well as this year's projects, we are looking ahead to 2025 and beyond, particularly as we are the very grateful recipient of a £5m grant from the government's Levelling Up fund, which will enable us to develop a dedicated facility for our all-important fleet of diesel multiple units, as well as fully signal Keighley and Haworth which will provide us with a much greater degree of operational flexibility.

The increased flexibility will mean, for example, that we can operate our 'works trains' that we use to transport materials and rolling stock around the Railway with far less impact on our timetabled services and having a base for our DMU fleet at the Keighley end of the line will give us more timetabling possibilities.

With so much going on, you would be forgiven for thinking that we would otherwise have a quiet year... but that's not how we do things. We plan to hold our Spring Steam gala in March after we have regained access to Keighley station, which will launch our programme of special events for 2024. Completion of refurbishment works permitting, we hope that we will be celebrating the opening of the Keighley Water Tower Visitor centre in the first half of the year thanks to funding from the Railway Heritage Trust and Keighley Town Deal. We will continue to run trains every weekend and daily during the holidays, and please check the website for details of services, particularly with the engineering activities planned for during the year. You will also find details on the Railway's website of our Local BD20/21/22 Residents' Railcard scheme that offers holders a significant discount on tickets for service trains.

I do hope that we will be able to welcome you on board one of our trains during this very special year for the Railway as we work to continue to keep the increasingly elderly wheels turning.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

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Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

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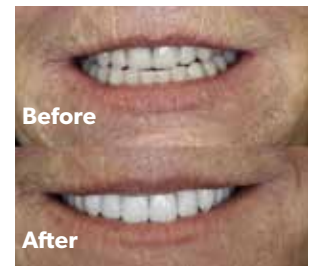


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BEHIND THE SCENES AT THE MUSEUM

In her second published novel 'Shirley', Charlotte Brontë writes about the 'icy January wind'. There's much to relate to in Brontë novels, but this feels particularly pertinent at the moment!

The beginning of a new year is a time of preparation, of turning over a new leaf and starting afresh. Here at the Brontë Parsonage Museum, we spent January doing just that, carrying out important conservation and maintenance work, refreshing the displays and installing our 2024 exhibition.

The Brontës' Web of Childhood is a new exhibition training a lens on the Brontës as children. What was it like for them growing up in Haworth? What did they experience and read? How did they play and distract themselves from the impact of losing their mother and two older

sisters? The exhibition focuses on the Brontës' childhoods in Haworth, their creative curiosity and imaginary worlds and examines how their experiences shaped their future writing and made them into the iconic writers we know today. Elsewhere in the Museum, we're subverting traditional expectations of gallery spaces with 'Tactile Turmoil', a new installation by textile artist Ellie Brennan. Through a series of tactile, woven pieces, 'Tactile

Turmoil' explores the Brontë sisters' first impressions of their new home - Haworth and the Parsonage - when they moved here in 1820. Visitors are invited and encouraged to touch and feel the art work, a new exciting sensory experience for everyone to enjoy.

With our new exhibition comes a programme of events to celebrate childhood. We'll be working with Sophia Hatfield, storyteller extraordinaire who will take inspiration from the Parsonage servants who shared folk tales and local legends with the Brontë children. Our Brontë Festival of Women's Writing in September will have a focus on contemporary authors of Children's and Young Adult fiction, bringing some of the UK's most prolific writers to Haworth. And don't forget that during

the school holidays, our Wild Wednesday workshops offer local families the opportunity to get creative through Brontë-inspired arts and craft activities. The Brontës' Web of Childhood runs from Thursday 1 February until 1 January 2025. There's lots more to look forward to at the Museum in 2024, and with a focus on growing up, you'll get both the chance to inspire the children of today and explore nostalgia and memories of your own childhood. Come and see us soon!



Charlotte Brontë's portrait of Zenobia Ellrington, a character from the imaginary world, Glasstown, 1833.

A new exhibition
for 2024

THE BRONTËS' Web of Childhood

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COMMUNITY PAGES

Mondays 1 - 3pm Keighley Tea Dance at the Civic Hall

Every Monday to Friday Dementia Friendly Keighley 10am – 4 pm
Open for drop-in anytime for coffee and chat for people living with dementia and carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley.

Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm Peer Support Coffee Club for people/carers living with dementia Airedale Shopping Centre, Keighley.

Glusburn and Crosshills WI meet at **7.30 pm on the first Tuesday of the month at Glusburn Community & Arts Centre.** A friendly group for local women.

Sutton in Craven WI meet 1.30pm **every second Monday of the month** Sutton in Craven Cricket Pavilion all local ladies welcome. See us on Facebook.

Wellbeing Café at Glusburn Institute

Every Monday 10 am to 12 noon. Contact 01535 630223 for more details.

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

First Tuesday of a month Crosshills Goldies Sing & Smile – St Peters Methodist Church 2 -3pm singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

Games Club Every Tuesday 1:30 - 3:30 pm. at Glusburn Institute. £2.50 per session.

Every Tuesday Rethinking Pain at The Hive, Elliott Street. Silsden **3pm - 4pm** A Group for people living in pain.

Silsden Singers Community Choir Every Tuesday 7pm – 8.30pm at The Hive, 53 – 55 Elliot Street, Silsden. £5 per session, term times. For more information contact Janet Russell on 07941340261 www.silsdensingers.co.uk

Third Tuesday of a month at Steeton Methodist Church 2-3pm

Goldies Sing & Smile – sing-along to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

Steeton Bobbins WI 7pm meet on the **first Tuesday of a month** at St Stephen's Church Hall

Every Weds Glusburn Lunch club at 11.45am Glusburn Institute for a two course, home cooked meal, for £5.00 and company. If you are a pensioner and interested, please contact Pauline on 07436113748

Every Weds 1 - 2.30pm Ladies Dance Exercise, Civic Centre, Keighley. Meet new friends/Socialise & Keep Fit

First Wednesday of a month 2 - 2.45pm It's Story Time at Silsden Community Library for under fives.

Silsden Methodist Church Thursday Club 2.30pm - 4pm weekly Music, Games, Quizes, friendly chatter & refreshments.

Sunday Club at St Stephen's Church, Steeton, at 10.00am every second and fourth Sunday.

1st Feb A New Exhibition at the Bronte Parsonage Museum "The Brontes Web of Childhood"

4th Feb "Lob wood & the river Wharfe" 5.5 miles, moderate. Meet 10.30 Bark Lane, Addingham. www.ramblers.org.uk/keighley

Sat 10th - 17th Feb Aladdin by Glusburn Youth Theatre at Glusburn Institute

Sat 10th - 18th Feb Keighley & Worth Valley Railway Half Term Happiness Daily Steam Trains www.kwvr.co.uk

18th Feb "Luddenden to Warley" 7.5 miles, moderate. Meet 10.30 Luddenden Lane Car Park. www.ramblers.org.uk/keighley

Tues 20th Feb 10.30am Meet next to the Roebuck pub, Skipton Road, Utley, Keighley (B6265) for a **circular walk** on tracks up to Pinfold Hill and beyond, returning via Alder Carr Wood. Walking boots or stout shoes are recommended. Please bring a packed lunch. Walk length - 6.5 miles Walk duration - 3-3.5 hours

Mon 26th Feb & Mon 25th March 2 -7 pm Business Support Drop -Ins at Keighley Library (no cost or booking required) discuss Advice, Guidance, Recruitment, Training, Funding, Premises, Marketing, Digitalisation.

Sat 2nd & Sun 3rd March 10am - 4.30pm Keighley Model Railway Exhibition at Woodbank Nurseries, Harden Road, Harden, Bingley, BD16 1BE

Sun 10th March Keighley 5K & 10K run Victoria Park, Keighley.

Sudoku Solutions

1	2	7	4	3	5	6	9	8
3	6	5	8	9	1	2	4	7
8	9	4	6	7	2	3	5	1
6	5	8	1	2	3	4	7	9
4	1	9	7	5	6	8	3	2
7	3	2	9	4	8	1	6	5
5	4	1	3	8	7	9	2	6
2	8	3	5	6	9	7	1	4
9	7	6	2	1	4	5	8	3

5	7	6	8	2	1	9	4	3
2	4	8	6	9	3	5	7	1
9	1	3	4	7	5	8	6	2
7	8	2	9	5	6	3	1	4
3	5	4	1	8	2	7	9	6
6	9	1	3	4	7	2	8	5
8	3	9	2	1	4	6	5	7
1	2	5	7	6	8	4	3	9
4	6	7	5	3	9	1	2	8

4	7	8	5	2	6	3	1	9
5	3	1	7	9	8	6	2	4
9	6	2	3	1	4	5	7	8
1	2	9	4	6	3	8	5	7
7	8	4	2	5	9	1	3	6
6	5	3	1	8	7	4	9	2
8	9	5	6	7	1	2	4	3
3	1	7	8	4	2	9	6	5
2	4	6	9	3	5	7	8	1

2	4	9	7	5	3	1	6	8
6	8	5	1	9	4	3	2	7
1	7	3	6	2	8	9	4	5
5	1	8	9	3	6	4	7	2
9	6	7	4	1	2	5	8	3
4	3	2	8	7	5	6	9	1
7	2	6	3	4	1	8	5	9
3	5	4	2	8	9	7	1	6
8	9	1	5	6	7	2	3	4

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www.ramblers.org.uk/keighley

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